

Goals of Care Designations Resources

For more information on Goals of Care Designations visit www.conversationsmatter.ca

R Resuscitative Care – The focus is to prolong or preserve life using any medical or surgical means including, if needed, resuscitation and admission to Intensive Care.

M Medical Care – Medical tests and interventions are used to cure or manage an illness as well as possible but don't use resuscitative or life support measures. This is appropriate when resuscitative and life support measures won't work or when the person chooses not to receive such treatments. Medical care can be provided in many locations, depending on the person's wishes and values as well as medical appropriateness.

C Comfort Care – In this approach to care, the aim of medical tests and interventions are for optimal symptom control and maintenance of function when cure or control of an underlying condition is no longer possible or desired. Transfer to a hospital may occur in order to better understand or control symptoms.

GOALS OF CARE DESIGNATIONS		Chest compressions	Intubate	ICU Admit - Adult	ICU Admit - Pediatric	Surgery	Site Transfer	Symptom control
R Resuscitative Care	1	✓	✓	✓	✓	✓	✓	✓
	2	X	✓	✓	✓	✓	✓	✓
	3	X	X	✓	✓	✓	✓	✓
M Medical Care	1	X	X	X		✓	✓	✓
	2	X	X	X	Can consider, if required for symptom control		✓	✓
C Comfort Care	1	X	X	X			✓	✓
	2	X	X	X		X	X	✓

(Images not available on phone apps offline)